|  |  |  |  |
| --- | --- | --- | --- |
|  | MONDAYS AND WEDNESDAYS | TUESDAYS AND THURSDAYS | SATURDAYS |
| 9AM |  |  | **BEGINNER TAEKWONDO**  **AGES 8 AND UNDER**  **60 MINUTES** |
| 10AM |  |  | **KICKBOXING**  **(AGES 12 AND OVER)**  **60 MINUTES** |
| 4:30PM | **BEGINNER TAEKWONDO**  **AGES 8 AND UNDER**  **60 MINUTES** |  |  |
| 5:30PM | **BEGINNER TAEKWONDO**  **AGES 9 AND OVER**  **60 MINUTES** | **ADVANCED TAEKWONDO**  **60MINUTES** |  |
| 6:30PM | **KICKBOXING**  **(AGES 12 AND OVER)**  **JIU-JITSU**  **AGES 10 AND OVER**  **90 MINUTES** | **JIU-JITSU**  **AGES 10 AND OVER**  **90 MINUTES** |  |

SINGLETON’S MARTIAL ARTS SCHEDULE 2020